



FAMILY GUIDANCE
and outreach
est.1982



SCAN ME

SPRING PARENTING CLASSES

www.806family.org

January		January		January	
23rd	Anger Management	24th	Role-Modeling for our Kids	26th	Positive Male Role Models
29th	Curbing Frustration	31st	Shaken Baby Syndrome		
February		February		February	
				2nd	Parenting Teen Drivers
6th	Tips to Calm Down	7th	Period of Purple Crying	9th	Quality Time as a Family Unit
13th	Anger in Families	14th	Teaching Gratitude to Kids	16th	Importance of Education
20th	No Class	21st	Rewards and Consequences	23rd	SIDS and Safe Infant Sleep
27th	Anger Management	28th	Avoiding Parental Burnout		
March		March		March	
				2nd	Fetal Alcohol Syndrome
6th	Emotional Wellness	7th	Parenting Styles	9th	Preparing for a Job Interview
13th	Managing Anger	14th	The Power of Expectations	16th	Parenting Teen Drivers
20th	Spring Break	21st	Spring Break	23rd	Spring Break
27th	Calming Down	28th	The Dynamics of ADHD	30th	Social Media Safety
April		April		April	
3rd	Anger Management	4th	Car Safety for Families	6th	Positive Male Role Models
10th	Anger in Families	11th	Family Dynamics	13th	Parenting Teen Drivers
17th	The 4th Trimester	18th	Positive Discipline	20th	Quality Time as a Family Unit
24th	Emotional Wellness	25th	Shaken Baby Syndrome	27th	Importance of Education
May		May		May	
1st	Talking about Anger	2nd	Period of Purple Crying	4th	SIDS and Safe Infant Sleep
8th	Anger Management	9th	Parenting Styles	11th	Teaching Kids Gratitude
15th	Talking to Young Kids	16th	The Power of Expectations	18th	Rewards and Consequences
22nd	Emotional Wellness	23rd	Car Safety for Families	25th	Parenting Teen Drivers
29th	No Class	30th	Role-Modeling for our Kids		

Classes begin at 6:30PM Central.

Visit www.806family.org at least 10 minutes before class begins to register and enter the virtual classroom. Participants will receive a certificate acknowledging 2 hours of parenting education class following each session they attend. Hours will fulfill Saint Francis Ministries, CPS, CYFD, Probation, Parole and other legal obligations.