



School Based Programs

FGO provides free outreach programs to each local elementary, middle, and high school, as well as surrounding area schools. These programs deal with topics like anger, bullying, self-esteem, goal setting, and more.



Free Parenting Classes

FGO offers parenting, wellness, life skills and anger management classes, free of charge. Our flagship program focuses on the prevention of Shaken Baby Syndrome.

Community Outreach

All of the services provided by FGO are free to the community. We receive our funding through grants, fundraising and generous donations from our community.

MISSION AND VISION

In 2022, 2406 children were confirmed victims of child abuse in the Northwest Region of Texas:

> Lubbock County - 734 Hale County - 131 Potter County - 490 Randall County - 286

In 2022, more than 17,000 children were impacted by FGO's services and outreach. Family Guidance & Outreach envisions a region of communities without child abuse and neglect. FGO is committed to building and empowering families through education and awareness.



Contact us

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