



FAMILY GUIDANCE
and outreach
est.1982

SPRING 2022 TUESDAY NIGHT CLASSES

- January 25th: Infant Injury Prevention
- February 1st: Stressful Parenting
- February 8th: Child Passenger Safety
- February 15th: Role Modeling for our Children
- February 22nd: Parenting with Boundaries
- March 1st: Rewards and Consequences for Children
- March 8th: Adolescent Health
- March 22nd: Communication and Parenting
- March 29th: Family Finances
- April 5th: Child Abuse and Neglect
- April 12th: How To Read With Our Kids
- April 19th: Anger Management
- May 3rd: Rewards and Consequences for Children
- May 10th: Understanding ADHD
- May 17th: Talking to Kids About Bullying
- June 7th: Pool and Water Safety for Kids
- June 14th: Kids and Hot Cars
- June 21st: Mental Health Awareness
- June 28th: Children's Mental Health

www.lubbockfamily.org

Classes begin at 6:30PM Central/5:30PM Mountain

Visit www.lubbockfamily.org at least 10 minutes before class begins to register and enter the virtual classroom. Participants will receive a certificate acknowledging 2 hours of parenting education class following each session they attend. Hours will fulfill CPS, CYFD, Probation, Parole and other legal obligations.