

How to Enroll in Medicaid (or CHIP / Perinatal)

Check if you qualify

- Pregnant women may be eligible for Medicaid for Pregnant Women or CHIP Perinatal.
- Must be a Texas resident.
- Must be a U.S. citizen or lawfully present immigrant.
- Meet income limits (many pregnant applicants and children qualify even with some income).

Gather documents

- Social Security number (if available) and birth date.
- Proof of pregnancy (doctor's note, medical record).
- Proof of Texas residency (utility bill, lease, ID with address).
- Proof of income from the past 30 days (pay stubs, employer letter, unemployment, etc.).
- ID and birth certificate for you and any children applying.



Choose how to apply

- Online: <https://www.yourtexasbenefits.com>
- By phone: Call 2-1-1 and follow prompts for benefits/HHSC help.
- Paper application: Download from Your Texas Benefits, fill out, and mail/turn in.
- In person: Visit a Texas Health and Human Services (HHSC) benefits office or a community partner who helps with applications.

Submit your application

- Make sure all sections are complete and documents included.
- Keep a copy of your application.

Wait for a decision

- Standard Medicaid/CHIP: up to 45 business days.
- Pregnancy-related Medicaid/Perinatal: usually within 15 business days.
- Respond quickly if HHSC requests more information.

If approved: choose a health plan and doctor

- You'll receive an enrollment packet once approved.
- Select a managed care health plan (example: STAR Medicaid).
- Pick a primary care provider from your plan's network.

Keep info updated & renew on time

- Report changes in address, household, or income.
- Medicaid/CHIP requires renewal; be ready to provide documents again.

Medicaid for Pregnant Teens in Texas

What's Covered

- Doctor Visits – prenatal check-ups, ultrasounds, labs
 - Hospital Birth – delivery, C-section if needed, anesthesia
 - Medicines – prescriptions, prenatal vitamins
 - After Baby Comes – check-ups for mom, postpartum care
 - Mental Health Care – support if you feel sad, stressed, or anxious
 - Baby's Care – your baby gets Medicaid automatically for at least 12 months
- (Some plans also cover rides to appointments and dental care while pregnant)

When It Starts

- Right Away (Temporary Coverage):
- Ask your doctor or clinic about Presumptive Eligibility (PE).
- → This gives you Medicaid coverage the same day so you can be seen now.
- Full Coverage (Regular):
 - Takes about 2–4 weeks after you apply.
 - **Starts the first day of the month you applied.**
 - **(Example: Apply on September 20 → coverage starts September 1.)**

Remember

- You do not need your parents' tax forms if they refuse to give them.
- Your pregnancy care is covered in full – you won't have to pay.
- Your baby is covered too, starting at birth.



If you need assistance with filling anything out, please text Abby at 806-318-1585

Medicaid for Pregnant Teens

if parents refuse to help

Step 1: Apply

- Online: YourTexasBenefits.com
- By phone: Call 2-1-1 and ask for Medicaid for Pregnant Women
- In person: HHSC Office – 1711 Avenue K, Lubbock, TX 79401
- Phone: 806-744-7632

Step 2: Bring What You Can

- Proof of pregnancy (doctor's note, clinic test, or ultrasound)
- Proof of identity (school ID, birth certificate, or driver's license/permit)
- Proof of address (mail, school record, or note from who you live with)
- Proof of income if you work. If no job → say “no income.”



Step 3: On the Application

- Parents claim you on taxes? → Answer honestly.
- Parents' income/tax info? → If they won't give it, write:
- “I am 17, pregnant, and my parents refuse to give me their financial documents. I cannot access their tax information.”

(This is a “good cause” exemption. Medicaid workers understand this situation.)

Step 4: If a Caseworker Calls Say:

“I am 17 and pregnant. I have no income. My parents refuse to give me their tax information, so I can't provide it.”

Remember

- Medicaid for Pregnant Women is your right.
- You can't be denied because your parents refuse to cooperate.
- Once approved, you'll get free prenatal visits, delivery, and postpartum care.

👉 **Tip:** Ask your doctor, clinic, or hospital if they accept **Presumptive Eligibility for Pregnant Women**. That way, she can be seen right away without waiting on the full application.

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